



# “GUIDE US INTO ARTS 2-GUIA2”

Erasmus+ KA2 Strategic Partnership Project  
in the Field of Adult Education

## E-MANUAL- C 4

Belfast / Northern Ireland

AN EDUCATIONAL PROGRAM FOR  
TRAINERS & FACILITATORS IN THE FIELD  
OF ADULT EDUCATION

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# CONTENTS

INTRODUCTION OF GUIA2 PROJECT.....	4
Background Information .....	4
Project Aim, Activities & Partners.....	5
WORKSHOP- 4 IN NORTHERN IRELAND .....	7
Objectives & Target Group of Workshop-4.....	7
Program of Workshop-4.....	8
Learning Outcomes of the Workshop.....	9
Method Used in Workshop-4 .....	10
Evaluation .....	17
Pre-Survey Results .....	17
Post-Survey Results .....	21

## INTRODUCTION OF GUIA2 PROJECT

GUIA2 is working to empower and improve employability of people with disability (PWD) and art-educators (EDU) who work for and with this population. Therefore, it is in line with goals set by the EU Ministries responsible for Education (the Paris Declaration, 2015): “strengthening the key contribution which education makes to personal development, social inclusion and participation“, „ensuring inclusive education for all“, „empowering teachers so that they are able to take an active stand against all forms of discrimination“ and that educators can „meet the needs of pupils from diverse backgrounds“. In terms of the needs of target groups: GUIA2! uses artistic education to address the immediate needs of PWD and EDU by combating marginalization and social discrimination but also low basic skills which are present due to high levels of self-stigma and low self-esteem (Corrigan, 2009). Inclusive education which includes artistic expression is crucial in this process as it helps raise self-esteem (O’Toole et.al., 2010), helps develop basic skills (Key Competences) of those involved and motivates them for education. This, in turn, gives greater employability.

### Background Information

GUIA2 project is based on GUIA partnership which became an example of good practice in 2013 and addresses organizations experienced in inclusive and participatory work, especially in the field of performing arts; theatre, dance, music...

Title:

GUIDE= learn process, education

US = educators and disabled people

INTO = not only to consume, but really to go into, to participate, as equal, inclusion

ARTS = performing arts

TWO = continuation of good practice from GUIA 1

## Project Aim, Activities & Partners

GUIA2 project aims to exchange experiential knowledge and methods of work with disabled people by means of artistic tools. The project will achieve:

- ☐ reducing prejudice and enhancing social and artistic inclusion,
- ☐ empowering participants by addressing their self-stigma and inviting them to join in this inclusive European educational program,
- ☐ development of inclusive methodologies for working with disabled people,
- ☐ learning through the sharing of professional knowledge.

To reach the aim of the Project, the trainings will consist of:

- ☐ Practical workshops for disabled participants, lead by host organization
- ☐ Professional teachers and trainees from partner organizations will attend these workshops,
- ☐ Post-session debriefings will exchange methodologies and experiences towards achieving monitoring and output measures,
- ☐ Public presentations to increase participation in European citizenship, promote discussions on disability & employability issue and enhance Disability Festivals,

The project acknowledges all participants as equal partners on the way to integration and to overcome stigmatization, marginalization, exclusion. Not only to guide them towards, but really to lead them “into” the arts, as active participants and artists.

During 210 days of 7 educational workshops for 100 participants (of which at least 18 are participants with disability) accompanied by 18 assistants, individual post-workshop public performances and 3 disability multiple-days festivals, participants and partners will produce and publish:

- ☐ Final photo exhibition,
- ☐ Digital Stories- short educational videos from all meetings,
- ☐ Website with educational materials (video, e-Manual, photos, descriptions of methods)
- ☐ E-Manual and a printed version- with all methods, experiences of participants, evaluation results and recommendations by experts (educators)
- ☐ Photographic documentary on the project and project partner organization

GUIA2! website will serve as a web tool where disabled people and teachers/trainees can upload their impressions, and where examples of best practice about working with arts and disabled people can be found.

The partnership was initiated by Akdeniz University from Antalya, Turkey and joined by 6 organizations from 6 countries of Europe: Tresnjevka Cultural Centre (Zagreb, Croatia), Stowarzyszenie Pracownia Filmowa "Cotopaxi" (Warszawa, Poland), Arts & Disability Forum (ADF) (Belfast, Ireland), Teatralie (Praha, Czech Republic), GC DE ZEYP (Brussels, Belgium), Blauschimmel Atelier e.V. (Oldenburg, Germany).



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## WORKSHOP- 4 IN NORTHERN IRELAND

The workshop took place in various locations in the city Belfast, Northern Ireland between the 5 - 9 September 2019 . The University of Atypical (Arts and Disability Forum) is an arts organisation that is led by disabled people and as such the participants and team are all people who identify as disabled. We developed a programme of creative workshops to reflect the core principles of the organisation to empower disabled people and raise the creative voices of disabled artists, participants and audiences.

### Objectives & Target Group of Workshop-4

We build every project with the ethos of the ‘Social Model’ of disability and our objective for this workshop programme was the inclusion of disabled arts professionals and participants to build a creative network and develop unique skills in a fully supported framework of inclusive practice. The targeted group who took part in the workshops were adults who identify as disabled. We used the ‘social model’ of disability as a way of viewing the world, developed directly by disabled people and their experience.

Using the ‘Social Model’ principles people are disabled by barriers constructed within our society, not by the person's impairment or disability. The barriers exist in a number of ways and can be physical, like buildings not being accessible. This model also addresses people's attitudes to disability as a result of socially constructed, outdated attitudes about what disabled people can and can not do.

The social model urges us to recognise the barriers that disable people, and by removing these barriers we create a more equitable society where disabled people's rights are honoured by creating the conditions for more independence, choice and control. We aimed to ensure that our participants and artists had an enjoyable creative experience while sharing stories and cultural practices in a collaborative creative journey that develops new skills both personally and creatively. We used a number of different locations with the city of Belfast for the workshops as a way of engaging local organisations to the project, inclusive practice and to the creative process. The workshops took place simultaneously with the annual festival ran by the University of Atypical called Bounce Arts Festival and as such it was a prime opportunity for the partner organisations to explore additional activities happening in disability arts practice.

## Program of Workshop-4

It is a 5-day workshop. Participants attended 6 hours of activities each day. Here is the program day by day:

Days	Activities
04.09.2019 Day 1	Partners have informal meetings or workshops led by local companies.
05.09.2019 Day 2	Pre-Festival - presentations from local companies involved in inclusive participatory arts with disabled/deaf people. Local familiarisation.
06.09.2019 Day 3	1. Stage Beyond Creative Workshop Oh Yeah Music Center Performance, Dance and movement 2. Cameron Morgan creative workshops Moon Base Visual Art
07.09.2019 Day 4	1. Lady Vendredi workshop- Afrodiasporic Ritual as Afrofuturist Technology Flax Art Studios - Green Room Performance, Dance and movement 2. Niki Collier felting workshop University of Atypical Visual Art 3. How to Bounce: A Creative Writing Masterclass with Alice McCullough Central Library Spoken and written word
08.09.2019 Day 5	1. Niki Collier Felt Music - Just See sound and light workshop Atypical Gallery Visual Art, Music 2. Claymation workshop with Joel Simon and Can Do Academy Atypical Gallery Visual Art, Film 3. Streetwise Community Circus Skills workshop Brian Friel Theatre Dance and movement Certificate Ceremony & Evaluation

## Learning Outcomes of the Workshop

### Knowledge

- ☐ To gain a creative understanding of the techniques used in a range of artforms
- ☐ Exploration into the concept of inclusive practice and the tools used to ensure accessible knowledge sharing.
- ☐ Playful creative ways to gain knowledge in a supported setting for adults who are disabled
- ☐ conversation and sharing of knowledge by arts professionals
- ☐ Discussion exploring the empowerment of disabled people

### Skills

- ☐ Development of practical creative skills
- ☐ Exploration of a range of creative skills from ways to use the body to ways to use technology as creative tools
- ☐ opportunity to develop collaborative skills as part of a team
- ☐ practical skills working together with an artists and following instruction
- ☐ creative decision making skills
- ☐ developing interpersonal skills as part of a team for both the participants and the artistic facilitators.

### Social impact

- ☐ Developing communication
- ☐ Creative expression
- ☐ Development of citizens who are disabled
- ☐ Understanding of the rights of everyone to participate in the workshop
- ☐ Building interpersonal connection, belonging and community
- ☐ Development of a creative network and building friendships
- ☐ Building confidence
- ☐ Developing verbal and non verbal communication

## Method Used in Workshop-4

**4 September, 2019**

Partners have informal meetings or workshops led by local companies.



**5 September, 2019**

Pre-Festival - presentations from local companies involved in inclusive participatory arts with disabled/deaf people. Local familiarisation.



**6 September, 2019**

*Activities*

Stage Beyond Creative Workshop

## Oh Yeah Music Center

### Performance, Dance and movement



This workshop explored performance, dance and movement and was organised by the Arts and Disability Forum. The workshop was facilitated by Stage Beyond is an award winning theatre company for adults with learning disabilities, who offer professional arts training in a variety of disciplines. The aims are to encourage self-esteem, sociability and life skills.

#### *Objectives & Target Group*

The objective of this workshop was to build creative engagement and participation within the arts for people with disabilities. The group was made up of young disabled people and non disabled people working together in developing movement and performance skills. Participants learned how to work as part of a team and ways of collaborating creatively.

Background: wide variety of backgrounds

#### Welcome

Introductions exercise - ways of introducing yourself and who you are to a large group of people building confidence and self esteem amongst participants.

Working together - exercise in developing ways of working as part of a team creatively and understanding your importance as a team member.

Movement skills - developing a range of movements to express yourself through physical theatre.

Group movement - creative exercise in being part of a team and moving together in the creation of a moving sculpture.

Mirroring exercise - Mirroring a partner

### *Method Used in Workshop*

- Stage Beyond is an award winning theatre company for adults with learning disabilities, the ethos is to make the arts and education accessible through innovation, creativity and inclusion.
- The method used in our workshop was a peer to peer learning process guided by the facilitator. Participants were encouraged to develop their creativity by having an active voice in the process and contributing their ideas and movements in devising a new physical movement work.

### *Activities*

Cameron Morgan creative workshops, Moon Base, Visual Art



Two creative sessions with Scottish artist Cameron Morgan in Moonbase, Belfast.

Cameron ran two workshops with artist/tutor/friend Jason Pyper. Both workshops were on Friday 6th September. The same workshop delivered to two different groups – max 5 per group. The theme was ‘animal collage’.

### *Objectives & Target Group*

The objective of this workshop was to explore collage as a creative medium and how to use ready made image to create a new image. The workshop was specifically focused on the creation of collages reflecting animals and exploring the possibilities of collage in the creation of new beasts.

The workshop began with an introduction from Cameron and Jason followed by the participants being invited to introduce themselves. Cameron invited participants to pick an animal that they

would like to make a collage of and the process encouraged participants to respond in an intuitive creative way in a relaxed, friendly environment.

### *Method Used in Workshop*

- The method used in both workshops embraced the development of disabled artists and participants' creativity . Cameron Morgan is an artist working in a supported studio in Scotland and is an artist with a learning disability who has developed a successful art practice and as such has developed a wide range of technical skills in the creation of his work.

The function of inviting Cameron to facilitate this workshop is a key method of building up the representation of disabled artists and developing their ability in teaching their skills to others. Both artists and participants got to learn from each other and build upon their confidence and creativity sharing skills and techniques.

The sharing of time, skills and visibility builds upon our methods' logic of making art by, and with disabled artists; in turn nurturing the confidence of disabled participants. Cameron's practice in art is a source of inspiration for participants who wish to build a creative practice and he shared advice about how to practice as an artist.

## **7 September, 2019**

### *Activities*

Lady Vendredi workshop- Afrodiasporic

Ritual as Afrofuturist Technology

Flax Art Studios - Green Room

Performance, Dance and movement

Niki Collier felting workshop

### *Objectives & Target Group*

Target group - Afrofuturist, people of colour, queer audiences, culture vultures, Neurodivergent people and disabled people.

The objective of this workshop was to build understanding of Afrofuturism and develop a greater understanding of our bodies and the connectedness to our cultural expression.

### *Method Used in Workshop*

- Afrodiasporic Ritual as Afrofuturist Technology. A physical, ritual and imaginative workshop drawing on Afro diasporic ritual actions as a way of accessing intuitive movement and group intimacy and research into the neuroscience of sensory perception towards connecting the sensory and the imaginative.

This workshop particularly aimed at people of the African diaspora and people of colour, but was open to all. We explored centres of movement linked to revolution, release and empowerment alongside exercises of sensory deprivation and immersion towards understanding the inner and outer worlds.

### *Activities*

How to Bounce: A Creative Writing Masterclass with Alice McCullough

### *Objectives & Target Group*

The objective of this workshop was to explore language and the creative use of words to build stories, narratives and poems.

### *Method Used in Workshop*

- The artist used a number of different methods to help participants devise a piece of text using emotional language and words as a starting point to build from. Project participants developed creative skills of expression and the powerful use of language in articulating ideas to the world.



**8 September, 2019**

### *Activities*

Niki Collier Felt Music - Just See sound and light workshop, Atypical Gallery

Visual Art, Music

### *Objectives & Target Group*

The objective of this workshop was to learn a range of different felting techniques and develop creative textile artworks working with a disabled facilitator and artist Niki Collier.

The target group was adults who identify as disabled with a curiosity for textile art and learning.

### *Method Used in Workshop*

- Wet Felting - Hot water with soap is sprayed onto layers of wool, while repeated agitation and compression causes the fibres of the wool to hook and weave together into a single piece of fabric.



- Needle felting- This method doesn't require any water. You use a special needle that has notches along its shaft; these catch the wool fibres and tangle them with other fibres to produce felt.

### *Activities*

Claymation workshop with Joel Simon and Can Do Academy

Atypical Gallery

Visual Art, Film

### *Objectives & Target Group*

The objective for this workshop was to devise a short story and then create a stop motion animation using coloured clays to create movable characters. The participants worked alongside artist Joel Simon to sculpt character, film and edit short films using ipads

### *Method Used in Workshop*

- The method used in this workshop is called stop motion and is a technique used in animated filmmaking. The participants' sculpted objects were physically moved in small increments and photographed frame by frame. They then edited the images to play in sequins to appear to be in motion. back. The participants used plasticine to sculpt their characters and used an ipad to record the images and edit the sequence of frames into a short animated film.



### *Activities*

Streetwise Community Circus Skills workshop

Brian Friel Theatre

Dance and movement

### *Objectives & Target Group*

Following on from a live performance by adults with learning disabilities Streetwise community circus facilitated a workshop in basic circus skill designed for beginners. Participants got to learn how to use circus style tricks and methods of presenting them to an audience.

### *Method Used in Workshop*

Participants had the opportunity to learn from circus performers the skills required to perform using juggling, diabolo, hula hoop, plate spinning and clowning. Each unique skill requires a different method.

- ☐ Juggling - required the participants to follow instructions and develop listening skills, the development of hand to eye coordination and timing skills.
- ☐ Hula Hoop - required that the participants used the movement of the body to swing the hoop and this method helps develop movement, rhythm and momentum.
- ☐ Diabolo - consisting of an axle bobbin in an hourglass/egg timer shape. The participants learned how to spin using a string attached to two hand sticks. Various types of interaction with the sticks, string, and using various parts of the body.
- ☐ Plate spinning - is a juggling act where the participants had to keep as many plates spinning on top of poles. When the plates stop spinning they fall. This method of circus act requires agility and speed and helps develop coordination.
- ☐ Clowning - The method used to learn clowning involves in the first instance helping people feel free and let go of their inhibitions and worry by creating an environment of playful expression and trusting each other to experiment with being silly with the aim to make people happy.

## Evaluation

13 Participants filled pre-survey before workshop and the post-survey after the workshop.

### Pre-Survey Results

Participants were asked about their expectations from the partnership, the host, and the workshop. Here are the answers:

Based on the information that you have, what do you expect from the partnership?

- ☐ It'll be my first time when I'll take the part in that event. I don't know what can I expect. I imagine to myself it'll be for me very teachable, inspiring my work. I'm sure will meet interesting people, maybe I'm gonna have a longer relationship, and touch the culture of Ireland.

- ☐ Exchange of experience, meet nice and interesting people who are working in a similar field as I do, visit another country and learn about the culture, achieve new input for my own work
- ☐ I am pleased that during the meeting in the Czech Republic we started to think about the possibilities of developing our cooperation within the project (festival in Poland and Turkey), consultations, possibilities of further international cooperation, so I believe that we will continue in this.
- ☐ Connecting with different people, developing relationships and new experiences that will be passed on to the future.
- ☐ To expand my personal and professional skills and network toward new and exciting projects that will benefit people with disability and field of creative work with that population.
- ☐ I expect to gather some new teaching ideas, skills and to practise my English, because I teach it in elementary school and school for foreign languages and every year there are more children with disabilities so I want to improve my methods.
- ☐ I expect that participation in this project will provide an excellent opportunity for all the participants to exchange experience on such an important issue as work and communication with disabled people
- ☐ sharing experience
- ☐ New friendships
- ☐ To see, experience and "taste" some creative and mostly nonverbal arts - performances, workshops... plus reflections and discussions on working, supporting, performing, art-making, exhibiting and living with "disadvantaged" groups of people, on different places in Europe.
- ☐ I'm open. I am looking forward to new experiences and meeting people.
- ☐ I have no special expectations, I am curious what I will participate in. I am looking forward to meeting people
- ☐ It is very interesting to meet other people who are working in the same field as Blauschimmel does. It is very inspiring. Also to learn more about their level of professionalization and how they manage to "exist".

Based on the information that you have, what do you expect from the host?

- ☐ I am open to new experiences. If possible, I would like to see and get to know the city to better understand it and its inhabitants, to get to know its history, its obvious places to visit and those a little less. I'm sure it'll be an intense time.
- ☐ to give us a good insight in their work, to share their experience with us , give space and time for exchange and to organize an interesting festival
- ☐ I look forward to continuing the ongoing cooperation, contacts and relationships that are gradually forming. I look forward to seeing my colleagues a met for the first time in the Czech Republic.
- ☐ Better communication with the world, a more positive view of society and personal development.
- ☐ To experience first-hand their organisation of Bounce festival and to see the social (rather than medical) approach to disability. I also expect to see amazing performances by disabled and non-disabled artists.
- ☐ I hope the host will help with things mentioned above.
- ☐ Good level of arrangement and coordination of activities within the frame of visit
- ☐ sharing experience
- ☐ I have no expectations
- ☐ To see, experience and "taste" some creative and mostly nonverbal arts - performances, workshops... plus reflections and information on working in your city.
- ☐ Poznaj wymowę
- ☐ Accompanying participants and coordinating the group
- ☐ Accompanying participants, coordinating activities, helping in difficult situations
- ☐ I am highly interested to take part in the festival, to meet people and artists there and to make contacts. So I'd like to have space for that... Apart from expecting a really interesting and great festival!

Based on the information that you have, what do you expect to learn from this workshop?

- ☐ I hope to expand my range of techniques to develop creativity, new ideas to increase the involvement of people with whom I work, look at different means of expression.
- ☐ How the University of Atypical is working. I am interested to learn how they work with persons with disabilities I have no experience to work with
- ☐ Experience a festival with a long tradition, which I wanted to see years ago, but I had no opportunity to participate.

- ☐ Given the previous positive experiences from the workshops in Turkey, Slovakia and Belgium, I am convinced that I will also learn more about myself and others from this workshop.
- ☐ I expect to learn how to use creativity and arts in working with people with disability, and to experience this method work in practice (which later I can use in my work in the local and/or international setting)
- ☐ Some new teaching methods and ideas.
- ☐ I expect that participation in the activities within the frame of the project will let me to learn more about the principles of work and communication with disabled people and I beleive that usage of artistic tools is the best way to learn it.
- ☐ I don't expect any workshop, I just wanna see the festival
- ☐ I have no expectations
- ☐ To see some new ideas, to experience playful and colourful atmosphere, to learn how do you work and why with certain groups of people, to see the context of the state system a bit perhaps.
- ☐ That they will be interesting and I will be able to participate in them.
- ☐ I would like to actively participate in the workshops. And I hope that these experiences will inspire me in my work with people with disabilities.
- ☐ What I like to learn amongst other things is to get an insight in how to organize a festival.

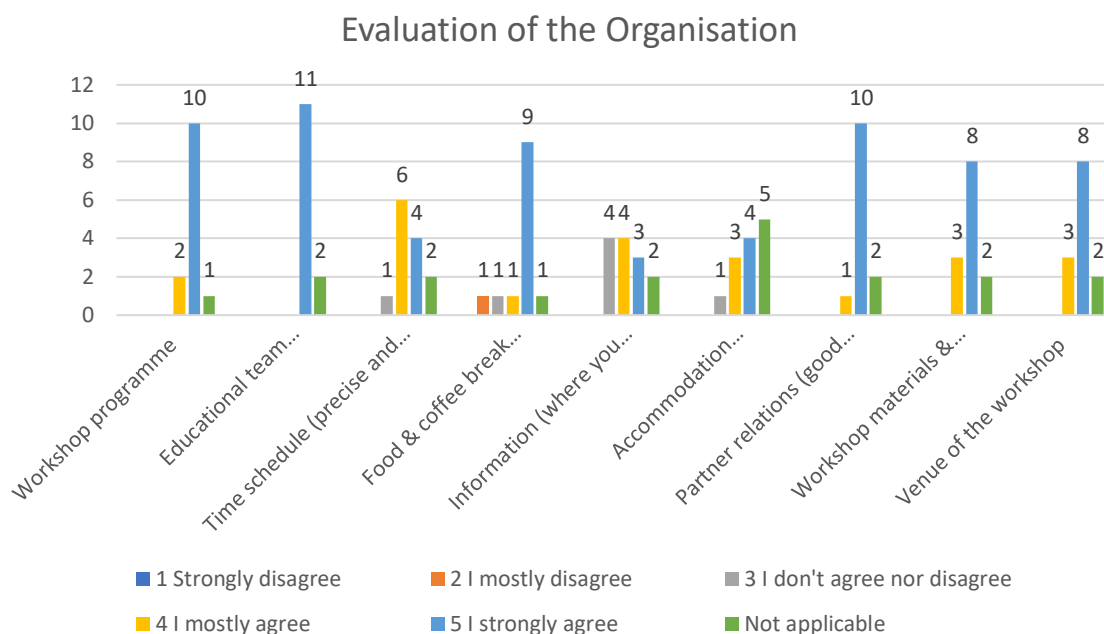
(OPTIONAL) If you have any comments about the PARTNERSHIP, please share here.

- ☐ I am happy to be a part of this partnership
- ☐ Not in the moment.
- ☐ It's a great opportunity to meet very interesting people from others countries and organisation and to share knowledge and experience, and to become friends. I am very happy to be part of it!

(OPTIONAL) If you have any comments about the HOST, please share here.

- ☐ I am looking forward to meet the people again
- ☐ Not in the moment.
- ☐ Thank you for your work on preparation of this project :)
- ☐ I am looking forward to meet Chris and to meet again the nice guys we've met in Prague and Oldenburg.

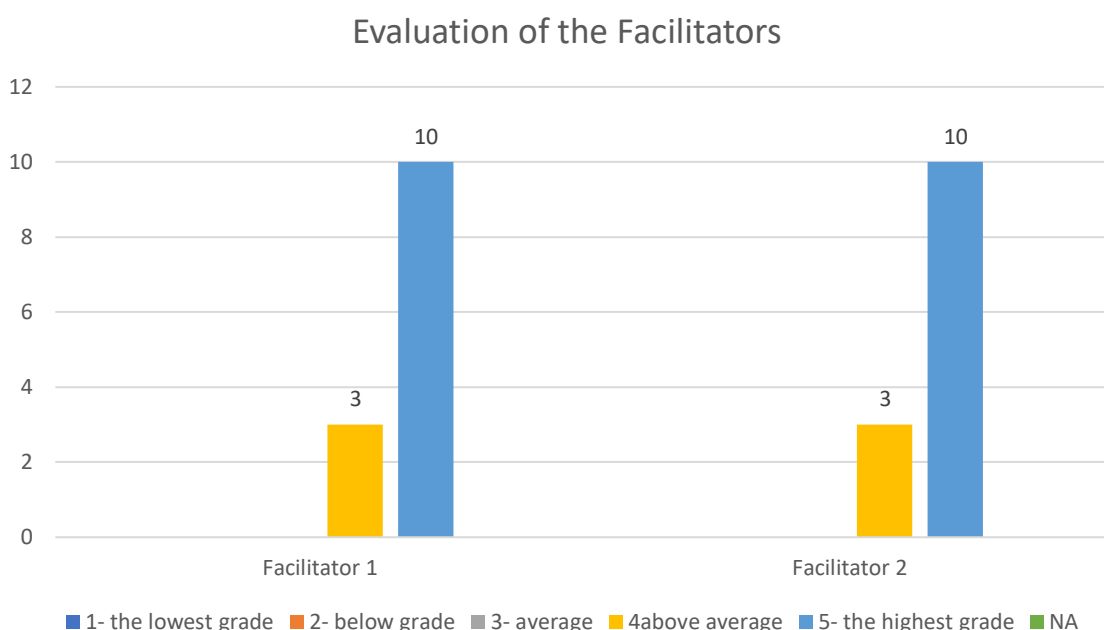
## Post-Survey Results



(Optional) Please comment on the organisation. Your comments will help improve future events.

- ☐ very well done
- ☐ Everything was amazing, we were an additional "burden" on the organisers so they could not devote all the time to us (festival Bounce was parallel)
- ☐ It would be better if the meetings / workshops agenda were provided to the participants in advance. Otherwise, the organization of the event was very good.
- ☐ none
- ☐ Several times the Whatsapp conversation was chaotic for me - full of private information - and that's way it was difficult for me to find the most important messages on the future program.
- ☐ Very professional, very friendly.
- ☐ Thank you for organisation and hospitality. Next time, I think it will be better to know a program minimum one week before event.
- ☐ By far, this was the best workshop I have ever been.
- ☐ The festival exceeded my expectations. The range of activities offered from various artistic fields as well as the presentation of the individual activities that the University of Atypical does was very inspiring. I especially appreciate the professionalism and excellent readiness of all artistic facilitators.

- ☐ very interesting
- ☐ Everything was ok
- ☐ The organisation was great, maybe just be more precise with lunch breaks.
- ☐ In some moments, I felt it is to fast tempo for workshops and the other activities.



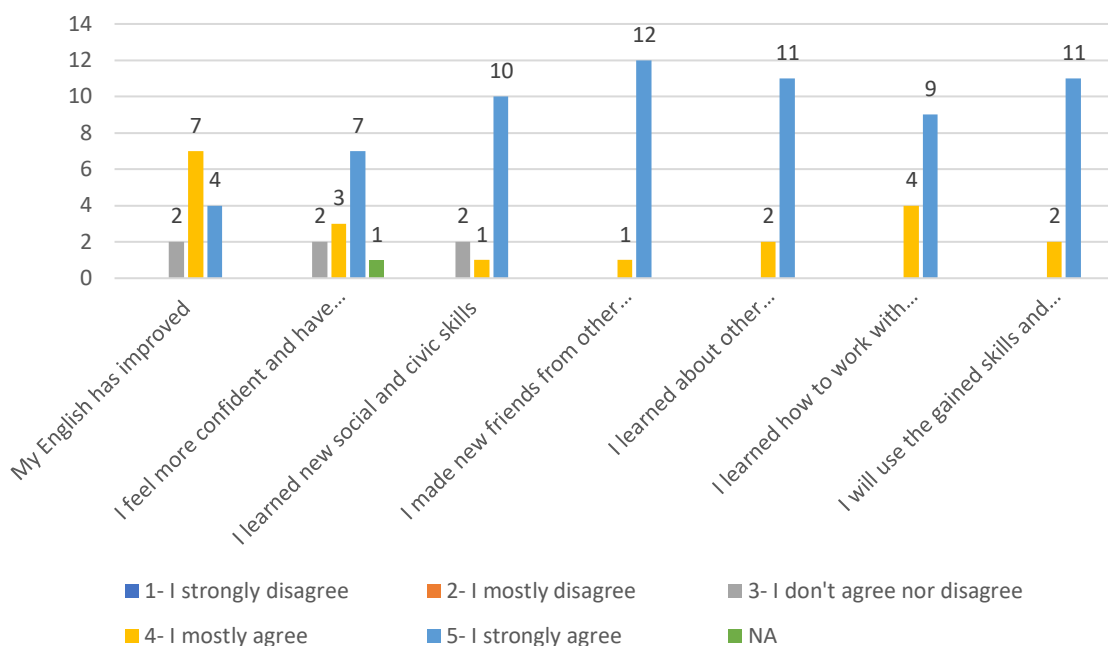
(Optional) Please comment on the facilitator. Your comments will help improve future events.

- ☐ From presentations to workshops, everyone was wonderful, warm, thoughtful, accommodating to the participants (and their disability) and informative/educational
- ☐ Professional, reliable and excellent leaders.
- ☐ For better orientation in the program it would help to get it at least a few days before the event.

(Optional) Please comment on other facilitators, if applicable. Participants and guest who gave energisers or parts of the programme. Your comments will help improve future events.

- ☐ They meet our needs and wishes and they provided excellent conditions for the workshop.
- ☐ I will certainly use the method of leading a theater workshop and new techniques in our theater rehearsals.
- ☐ All facilitators had a good and clear programme and transfer of knowledge and skills.

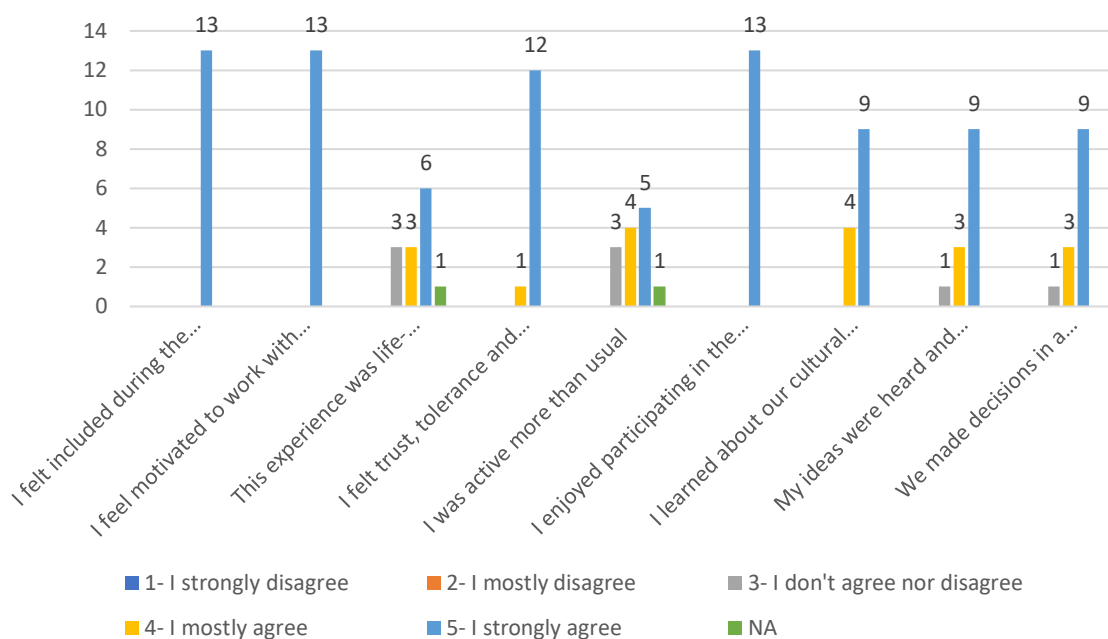
## Evaluation of the Learning Experience



(Optional) Please comment on your learning experience. Your comments will help improve future events.

- ☐ I learned a lot about disabled and deaf persons, I learned about ways how can I work with them and how can I help them to be a part of society
- ☐ I like the workshop with Niki and how Hugh and David were speaking on their work; it is a pity that we did not have more time wit David, it would be useful.
- ☐ Each workshop expands my perspectives and so it was with this one.
- ☐ I will certainly use the method of leading a theater workshop and new techniques in our theater rehearsals.
- ☐ I had contact with groups I haven't worked with before. That was a new and interesting experience.

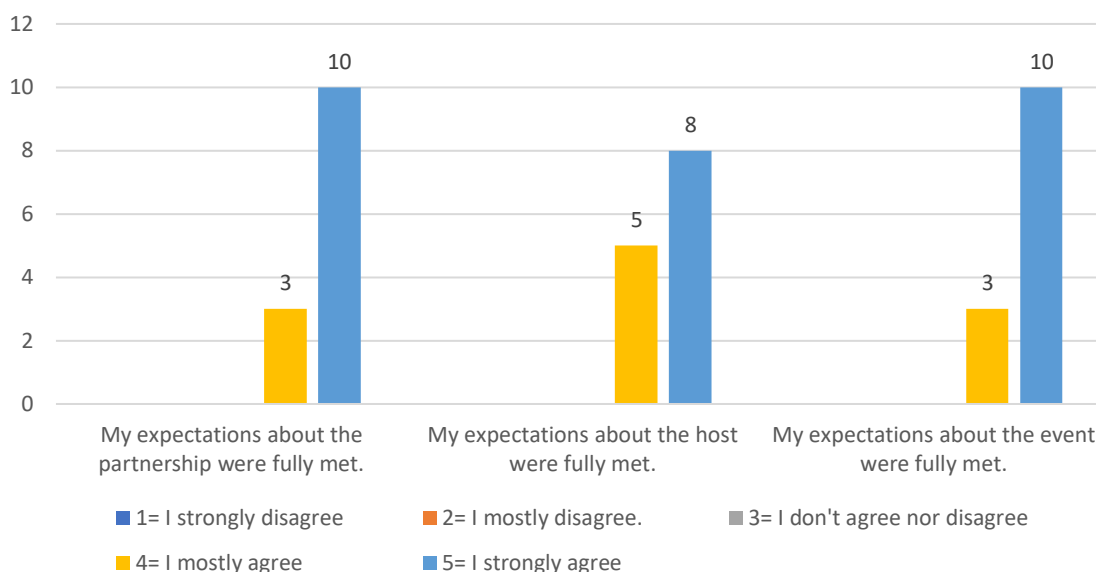
### Evaluation of the Overall Experience



(Optional) Please comment on your overall experience. Your comments will help improve future events

- ☐ Being at the Bounce festival felt like being in the future, compared to Croatia, when it comes to arts and disability.
- ☐ I participated in that kind of event for the first time and it was really very interesting and very useful experience
- ☐ I would like to get the organization program on time.
- ☐ I am always happy to meet wonderful people. I cannot even identify the most beautiful moments when every day was filled with great performances.
- ☐ It was all in an extremely friendly, appreciating and respectfull atmospere
- ☐ Very intensive workshops didn't lift much time to see and learn coulture of Ireland, next to propositions prepared by our hosts. It this is the reason to come back.

## Participant Expectations



Please comment on your expectations. What was good?

- ☐ learning about the University of Atypical and Belfast history and culture
- ☐ Bounce festival and workshops were amazing
- ☐ My expectations were fully met
- ☐ I got a lot of ideas from organisation. I liked that the organization covers all kinds of disabled people and hosts all kinds of artistic activities.
- ☐ It was good.
- ☐ I liked very much the workshops and the performances where very good.
- ☐ Programm of festival, workshops, was very good. Also the hospitality of people. Thank you very much!
- ☐ I am glad I've seen people from past workshops. The hosts were great and it felt like we were all one team. I am glad I was able to go with my Croatian team.
- ☐ Composition of the whole festival and workshops.
- ☐ The variety of performances and workshops was great. Also was the level of professionalism.
- ☐ I liked to dance!
- ☐ The people were great, so friendly and helpful and the programme was interesting.
- ☐ I highly appreciate the level of lecturers and proposed workshops, as well as level artistic presentations. I specially liked the duo 111. I wal also impressed by the crowds of sign language.

Please comment on your expectations. What was not to your expectation and needs to be improved?

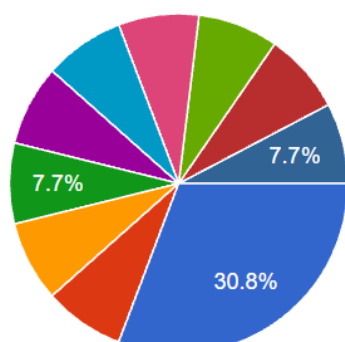
- ☐ The distance between the activities caused me trouble in transportation. Some days we did not have the opportunity to have lunch because there was no time between activities.
- ☐ I would have liked more time for workshops and to talk more about our experience with the Guia2 people and the workshop leaders and the Artists.
- ☐ I didn't know a program (not the festival, but "our" programme before) and I felt uncomfortable with it.
- ☐ Everything was great.
- ☐ Let the program know the GUIA activities in the meeting some time in advance.
- ☐ Everything was ok
- ☐ Lunch breaks should be more precise.
- ☐ I was late in receiving organizational information about the first two days of the partnership in Belfast. Then there was a lot of information, too much information, deep in the night. It gave me a kind of chaos.

Please comment on your expectations. What should be avoided in the future events of GUIA2?

- ☐ Everything was perfect, but I think having a workshop parallel to a festival makes the job of the host much difficult. Perhaps in the future put 3-5 days of workshop + festival programme (total 7-10 days)
- ☐ Maybe bigger possibility (time) to know a city, customs etc?
- ☐ I can't answer because you were great!
- ☐ Nothing comes to mind, everything works perfectly in a meeting.
- ☐ I think that it's too much for the hosting partner to organize a festival AND a workshop and hosting programme for the guests
- ☐ More dance and theatre.
- ☐ There's a lot of work to be done. I would leave more space for workshop activities and a little more time for integration activities, maybe organized sightseeing, learning about tradition and culture. In Belfast was fantastic, but very intense, sometimes too much..

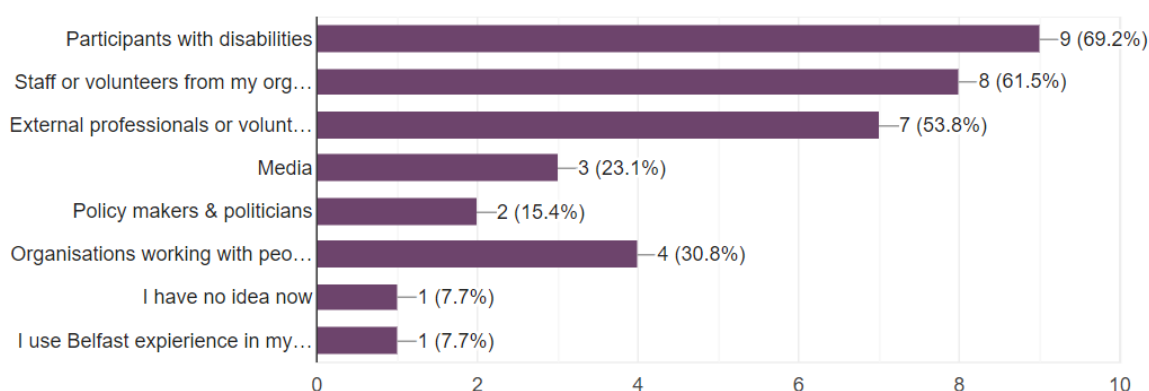
### *Follow-Up*

Participants were asked about how they plan to use the knowledge they gained at the workshop. Here are the answers:



- Organise a workshop
- We will see
- We organise UPSET Art festival for th...
- Organise a international Festival for at...
- I will include some ideas in my work w...
- Cooperation on organiseing workshop
- organize new offers
- I will do the same in my centre for disa...
- ▲ 1/2 ▼
- I try to professionalise our work with smaler performing groops.
- For my praxis work and to show up others in a workshop.

Participants were asked about for which target group they will organise their follow-up workshop and who they will invite to join their follow-up activity. Here are the answers:



Please describe in short your planned activity

- ☐ Nothing is planned at this moment
- ☐ UPSET Art Festival is the first one we organise on inclusive arts. It will host few workshops and evening performances by disabled and non-disabled artists.
- ☐ It way be joint workshop for the disabled students of our University. This workshop may be connected with art. The art techniques which I learned at the workshops within the Bounce festival may be implemented during this workshop
- ☐ I plan to contact the local government and related departments of our university about their work on Alzehemir patients.
- ☐ Also I am planning to research certificate courses to improve myself on creative drama.
- ☐ A combination of warm-up, theater inspiration and skills and painting.

- ☐ I am not sure yet, i have to think about and work it out with the members of our and maybe other organisations.
- ☐ In my everyday work with people with disabilities I will enjoy more movement, theater and music, as well as simple flat forms, as well as the entire philosophy of the "Arts and Biscuits" program. In the fall I will conduct a short workshop on what I saw and learned in Belfast.
- ☐ Sharing my photos online so I can raise at least minimum awareness.
- ☐ I don't know yet.
- ☐ The ARts&Biscuits programme is very interesting and is a possible chance for Blauschimmel to widen up the programme for a new target group we haven't yet been working with.
- ☐ I will talk about it with my director
- ☐ It is going to be a presentation for the staff and volunteers because they work with disabled people and will share the ideas and good practices for organising a festival.
- ☐ I planned do use new ideas during t dramaworkshop with psychikal illness people and with my pupils at school.

### *Creative Evaluation*

What did you find the most useful?

- ☐ Sharing experience
- ☐ Workshops, discussions, performances - everything
- ☐ I was impressed by how many ways there are to help disabled and deaf persons feel part of the society.
- ☐ Make an animated film on an iPad
- ☐ Workshops and speaking - information on the history of working with impaired people in the country, information on working with people with dementia and with teenager and other groups (Blue Chevy).
- ☐ All the workshops
- ☐ I am usually shy so this was great exercise to know how I can be able to express my feelings or thoughts in particular moments.
- ☐ Everything was good.
- ☐ Ilikes all the workshops. Most usefull was the theatre workshop for people with and without learning disablities.

- ☐ dance
- ☐ Knowledge from theatral workshop and inspiration from preformens the 111

What was the least useful?

- ☐ Turbo Hallion (comedy)
- ☐ long discussions and considerations

What was difficult for you (working with people with disabilities, watching yourself on video, using the equipment, communicating with the trainer or other participants, etc.)?

- ☐ The most difficult for me was to watch performances with the participation of people with disabilities. It was really very emotional
- ☐ Communication was difficult for me because of my English. Also walking a lot was difficult.
- ☐ To refresh my English language skills.
- ☐ haste
- ☐ I speak english only a little, so I had a difficultien in communication sometimes
- ☐ Maybe sometimes to difficult language for person to whome eanglish is not the first language.

Was there anything outside the official curriculum that you won't forget? Why?

- ☐ Friendships, working with Mary (elderly lady with demetia and/or mental health issues) - she amazed me in every way.
- ☐ I will never forget a phrase which impressed me so much - we can not fix disabled persons, we should fix the environment.
- ☐ Belfast's climate and cuisine and operation of traffic from the left.
- ☐ Belfast. The atmosphere, architecture, decorations, murals, history of brutal conflicts under things, under cover. And how to use it in the work with people of different (impaired or other) groups!
- ☐ I will not forget Belfast and the political situation there.
- ☐ Hospitality of people and Belfast, with his history, atmosphere, hope. Because it is exeptional
- ☐ Yes, hanging out with people from workshop. It felt like I am with my friends.
- ☐ Especially I would like to emphasize the admiration of the master who interpreted in sign language. With what personal commitment and emotional investment.

- ☐ The atmosphere in Belfast itself. I have never been in a city where the tension is so strong on one side and at the same time such an incredible creativity and professional work in the arts and disability sector. That was amazing.

(OPTIONAL) If you have any comments, suggestions, or remarks, please share them here. (3 responses)

- ☐ Thank you very much to prepare this splendid project :)
- ☐ I hope I will participate again because this is best part of my life.
- ☐ Everything was ok
- ☐ Thanks to Chris, Deidre, Julie, Jane, Damien, Rohan, Diane and all the other lovely people. You were great hosts!